

## Bring Me Some Apples and I'll Make You a Pie Toolkit Activities

This toolkit is designed for use by teachers, librarians, after-school advisors, and parents to enhance learning moments with children ages 4–7.

The Longwood Gardens Community Read is a program designed to encourage reading for pleasure and start a conversation. Focusing on literature about gardens, plants, and the natural world, we feature an exceptional book annually (paired with a similarly themed younger readers' book or books) through a variety of programs, discussions, and lectures across all community partner organizations. We are celebrating the 10th year of our Community Read with an exploration of food—its role as connector of people, and its relationship to the world of plants and gardening. With its commitment to exploring nature and diverse human themes in relation to the natural world, we have chosen *Black Food: Stories, Art, and Recipes from Across the African Diaspora* (Bryant Terry, editor) as our adult Community Read title. Our title for ages 4–7 is *Bring Me Some Apples and I'll Make You a Pie: A Story About Edna Lewis* (by Robbin Gourley), in which the childhood roots of a revered African American chef's appreciation for the bounties of nature are explored through the seasons.

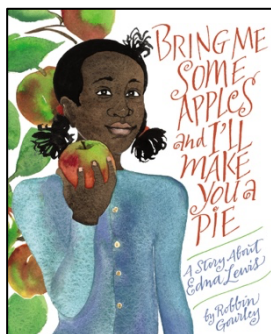
For more information about the Community Read, go to [longwoodgardens.org/community-read](https://longwoodgardens.org/community-read).



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# Bring Me Some Apples and I'll Make You a Pie

by Robbin Gourley



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## Overview and Synopsis

From the whippoorwill's call on the first day of spring through the first snowfall, Edna and members of her family gather fruits, berries, and vegetables from the fields, garden, and orchard on their Virginia farm and turn them into wonderful meals. The book includes facts about the life of Edna Lewis, a descendant of slaves who grew up to be a famous chef, and five recipes.

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## Activities

- Edible Parts of Plants
- I'll Make You a Pie
- Recipe Box

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## Extend the Story

- Apple Stamping
- Apple Songs
- Edible Arts and Crafts

*This toolkit was developed by the Longwood Gardens School and Youth team.*



## Activities meet the following Next Generation Science Standards:

### K-LS1-1 Interdependent Relationships in Ecosystems

Use observations to describe patterns of what plants and animals (including humans) need to survive.

### 2-LS4-1 Biological Evolution

Make observations of plants and animals to compare the diversity of life in different habitats.

Activities meet the following Common Core State Standards:

### CCSS.ELA-Literacy.RL.K.2

With prompting and support, retell familiar stories, including key details.

### CCSS.ELA-Literacy.RL.K.3

With prompting and support, identify characters, settings, and major events in a story.

### CCSS.ELA-Literacy.RL.K.10

Actively engage in group reading activities with purpose and understanding.

### CCSS.ELA-Literacy.RL.1.3

Describe characters, settings, and major events in a story, using key details.

### CCSS.ELA-Literacy.W.K.2

Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.



## Edible Parts of Plants

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### Materials Needed

- Diagram of plant parts
- Photos of foods
- Scissors
- Tape
- Large sheets of paper
- Cut vegetables and fruits for tasting
- Parts of plants answer sheet

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### Directions

- Before students arrive, label six pieces of large paper with each plant part: Roots, Stem, Leaves, Flowers, Seeds, and Fruit. Hang them up around the room. Spread the food photos around the room.
- Read *Bring Me Some Apples and I'll Make You a Pie*. Tell students that during this next activity, you will be discussing all of the different fruits and vegetables mentioned in the book.
- Ask students to choose a food photo. Once students have chosen, talk about how all of the foods pictured come from plants.
- Show students the diagram of plant parts and talk about how each of the foods pictured come from different parts of the plants.
- Allow students some time to study the diagram of plant parts and think about what part of the plant their food comes from. When they are ready, ask students to tape their food photo onto the corresponding large sheet of paper.



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*Bring Me Some Apples  
and I'll Make You a Pie*

Community Read  
March–May 2023

- As a group, talk about the foods taped to the different categories. Have discussions around why a food photo may need to be moved. You can also give other examples of the different categories that may not have as many examples as the fruit category:
  - Roots: carrots, beets, turnips
  - Seeds: peas, sunflower seeds, pinto beans, lima beans
  - Flowers: broccoli, cauliflower
  - Leaves: kale, spinach, cabbage, collards
  - Stems: celery, rhubarb, onions
- If desired, have students taste test some of the different kinds of foods they matched.



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## Parts of Plants Answer Sheet

Food	Part of Plant
Strawberries	Fruit
Lettuce	Leaves
Sassafras	Roots
Cherries	Fruit
Apples	Fruit
Blackberries	Fruit
Peaches	Fruit
Tomatoes	Fruit
Watermelons	Fruit
Corn	Fruit
Green Beans	Seeds
Grapes	Fruit
Pecans	Seeds
Cucumbers	Fruit



## Food Photos



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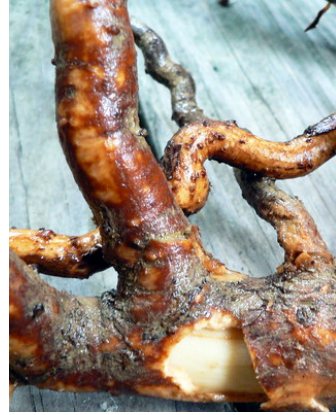


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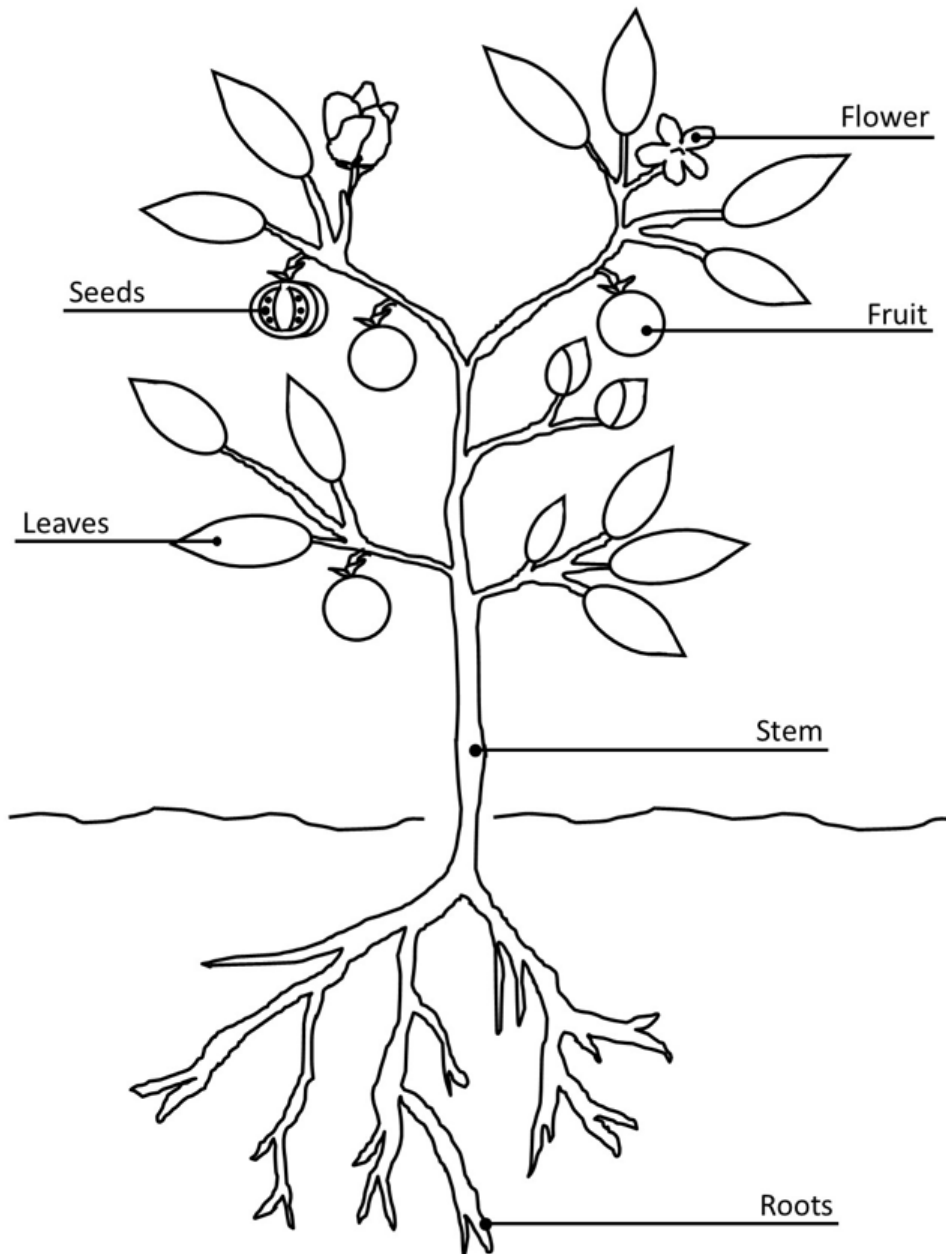
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Community Read  
March–May 2023



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## Plant Parts Diagram



# I'll Make You a Pie

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## Materials Needed

- Pencil, pen, markers, or crayons
  - Pie fill-in-the-blank activity sheet
  - Pie poem activity sheet
  - Fill your pie activity sheet
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## Directions

- After reading *Bring Me Some Apples and I'll Make You a Pie*, have students think about what delicious fruit (or any other food that comes from plants) they would use to make a pie.
- Once students have decided with what food they would like to make a pie, have them complete one or all of the pie activity sheets.
- If students have a hard time brainstorming different foods for their pie, encourage them to look through the *Bring Me Some Apples and I'll Make You a Pie* book for inspiration.



What would you use to make a pie? Think of all the delicious foods that grow outside in the spring and summertime. Use the foods grown by Edna's family as inspiration or think of food you've seen on your own!

I will  
pick

from the  
garden

and use them to make a  
pie!

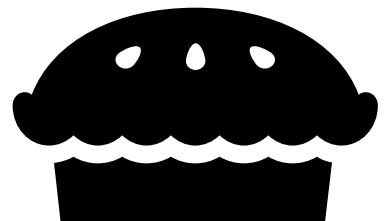
I enjoy  
their

flavor.

I can't wait to share my pie

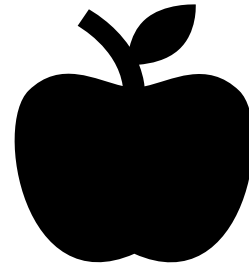
with

!



In the book when Edna is picking apples she sings:

*“Don’t ask me no questions,  
an’ I won’t tell you no lies.  
But bring me some apples,  
an’ I’ll make you some pies.  
And if you ask questions  
‘bout my havin’ the flour,  
I’ll forget to use ‘lasses,  
an’ the pie’ll be sour.”*



Make up your own song, poem, or rhyme about your pie!

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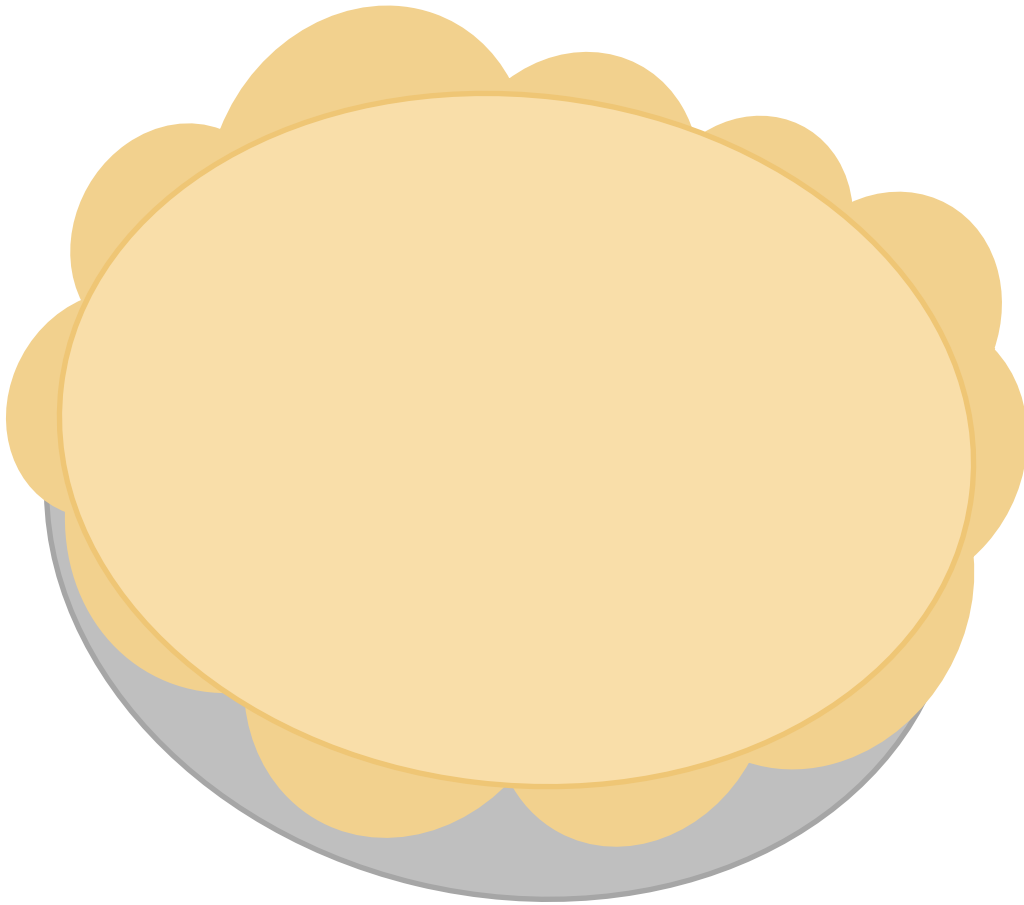
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**Draw the filling for your pie below. (pie version one)**



**Draw the filling for your pie below. (pie version two)**



**EXAMPLE**

What would you fill your pie with? Think of all the delicious foods that grow outside in the spring and summertime. Use the foods grown by Edna's family as inspiration or think of food you've seen on your own!

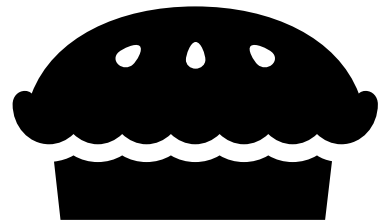
I will **APPLES** from the  
pick garden

and use them to fill my pie!

I enjoy **TART** flavor.  
their

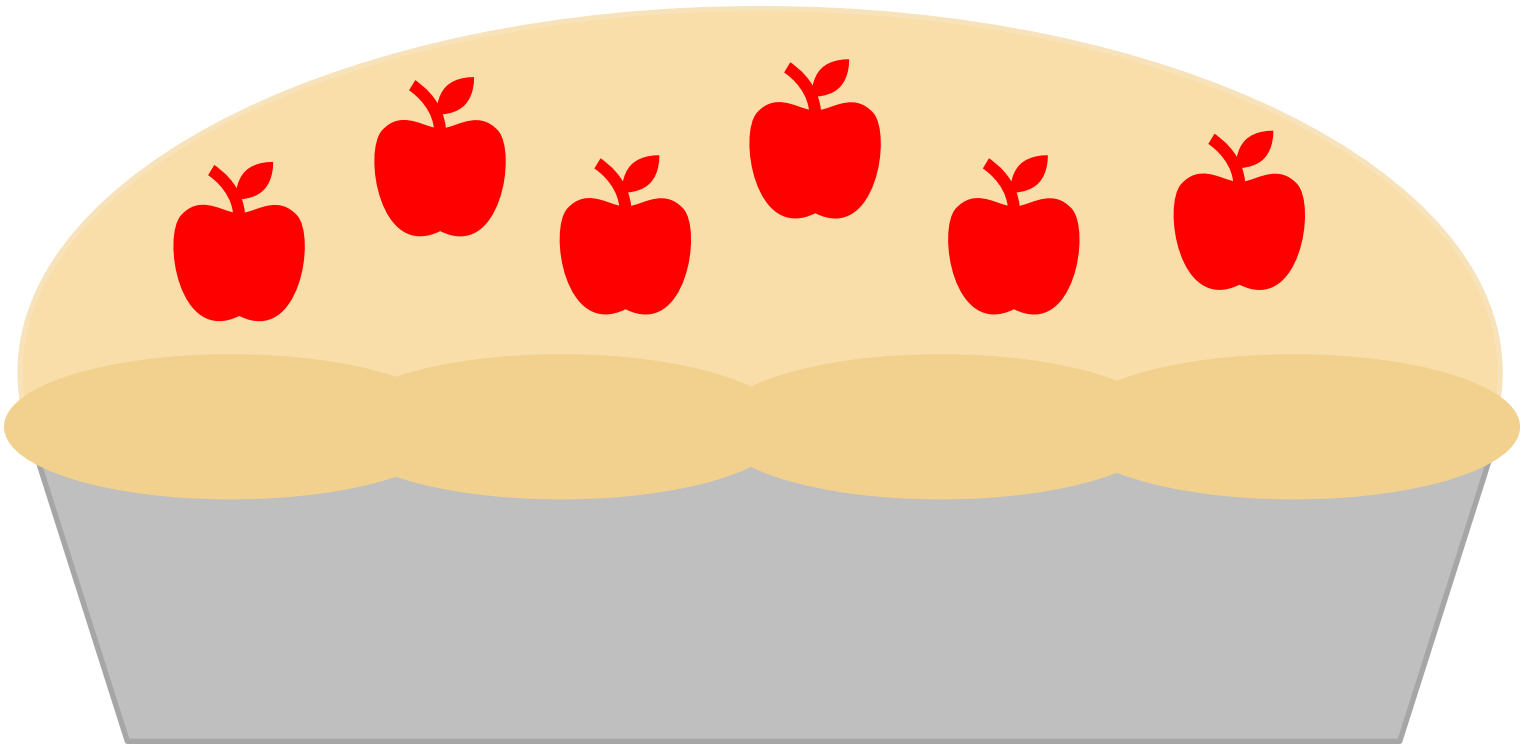
I can't wait to share my pie

with **MY  
FRIENDS** !

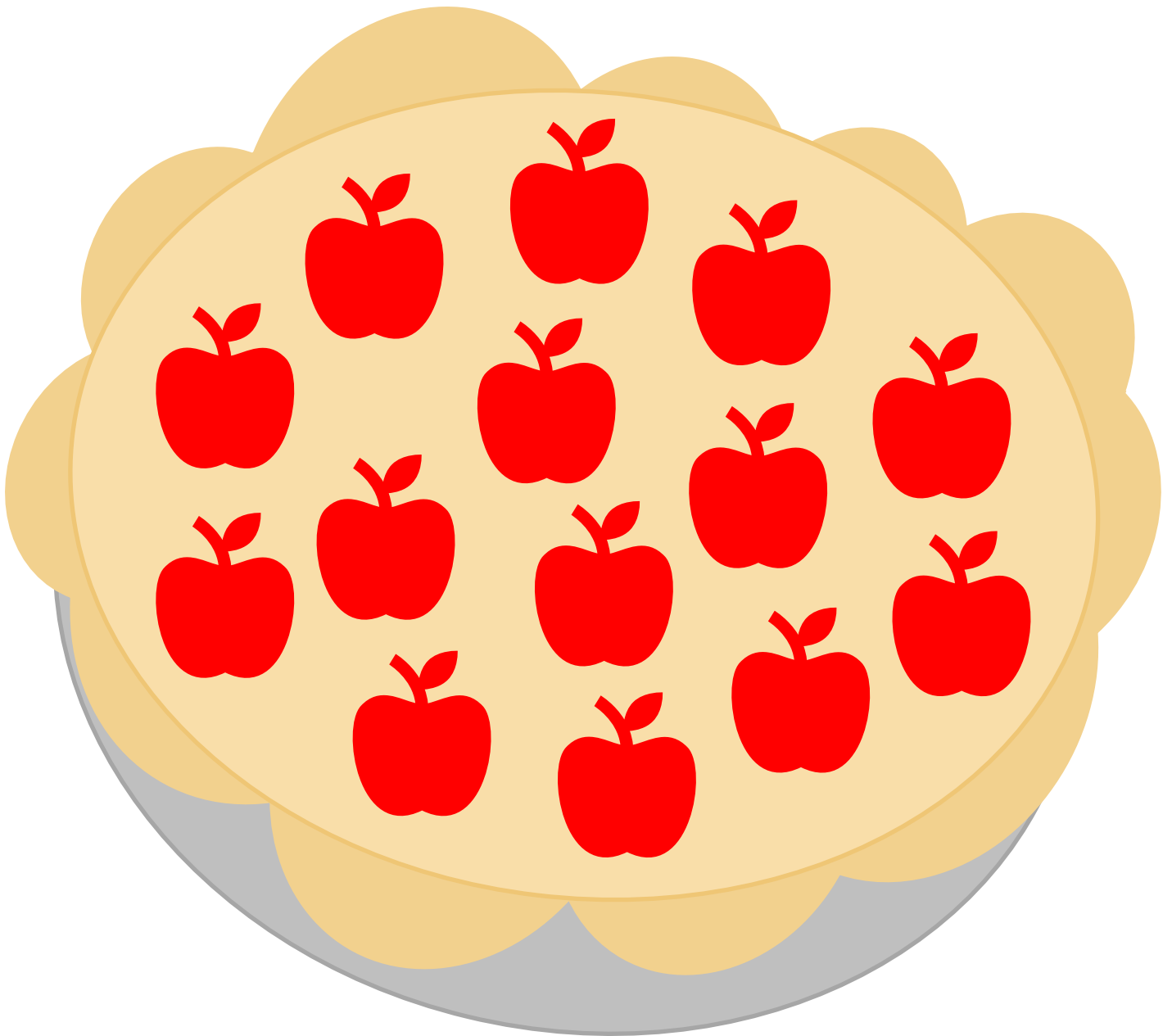




**EXAMPLE**



**EXAMPLE**



## Recipe Box

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### Materials Needed

- Printed recipe card worksheets
- Popsicle sticks
- Q-tips
- Glue
- Scissors
- Two pieces of wax paper
- Pieces of scrap material, ribbon, or felt
- Pencils or pens
- Crayons or markers

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### Directions

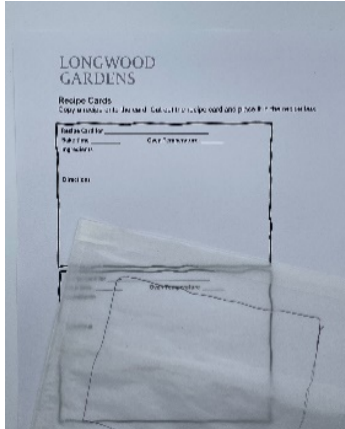
#### Getting Started

1. Hand out two pieces of wax paper, pens, popsicle sticks, glue, Q-tips, and a recipe card worksheet.
2. The students will place each piece of wax paper on top of the worksheet and use a pen to trace the outline of one recipe card onto each piece wax paper. The outline on the wax paper will be used to make the recipe box and the recipe box lid.
3. Remove the worksheet.



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Community Read  
March–May 2023



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### Making the Recipe Box Lid

1. Students will cover the rectangle shape with popsicle sticks, placing the sticks side by side on the wax paper.
2. Students will then cover the sticks in the rectangle with a thin layer of glue.
3. Next, students will lay another row of sticks in the opposite direction on top of the layer of glue.
4. Find a place to set these lids aside to dry. Drying overnight is best.



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## Making the Recipe Box

1. Have students repeat steps 4 through 6 using the second piece of wax paper.
2. Next, students use the Q-tip to place some glue on the four corners of the rectangle.
3. Students then place one stick across the top of the rectangle and one stick across the bottom of the rectangle.
4. Students place glue on the four corners of the rectangle again, and this time place a stick on each side of the rectangle.
5. Now students can continue adding glue to the corners of the box and continue adding popsicle sticks, alternating top and bottom and then the sides.
6. Once the box is as tall as the recipe card, students can stop gluing.
7. Find a safe place to leave the boxes to dry overnight.
8. Once dry, students can add material scraps to the inside of the box.
9. Students may also wish to use crayons or markers to decorate their recipe boxes.



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and I'll Make You a Pie*

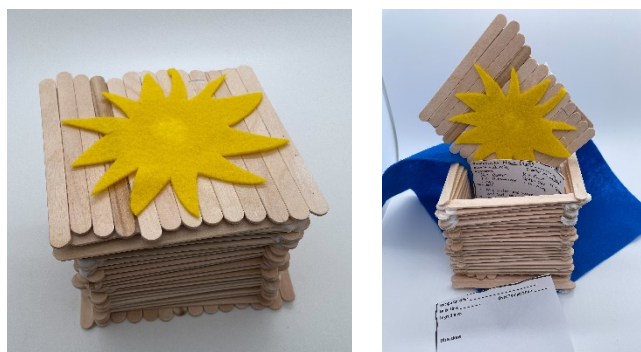
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### Making the Recipe Cards

1. Each student uses scissors to cut the recipe cards out.
2. Students can copy one of the recipes from the book or find other recipes to add.
3. Have students place the cut recipe cards into the new recipe box.



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## Recipe Cards

Copy a recipe onto the card. Cut out the recipe card and place it in the recipe box.

<p><b>Recipe Card for</b> _____</p> <p><b>Bake time</b> _____      <b>Oven Temperature</b> _____</p> <p><b>Ingredients</b></p>  <p><b>Directions</b></p>
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**Recipe Card for** \_\_\_\_\_

**Bake time** \_\_\_\_\_      **Oven Temperature** \_\_\_\_\_

**Ingredients**

**Directions**





## Extend the Story

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### Apple Stamping

- Create works of art using an apple as a stamp! [premeditatedleftovers.com/naturally-frugal-mom/apple-stamping-craft/](https://premeditatedleftovers.com/naturally-frugal-mom/apple-stamping-craft/)

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### Apple Songs

- I Love Apples! - [youtube.com/watch?v=AyiCf68OwwA](https://youtube.com/watch?v=AyiCf68OwwA)
- Five Apples In The Apple Tree - [youtube.com/watch?v=KMNy3mdgqll](https://youtube.com/watch?v=KMNy3mdgqll)
- 10 Apples On My Head - [youtube.com/watch?v=0IS9btv3GVk](https://youtube.com/watch?v=0IS9btv3GVk)

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### Edible Arts and Crafts

- Edible Playdough - [kidsactivitiesblog.com/53932/edible-playdough-recipes/](https://kidsactivitiesblog.com/53932/edible-playdough-recipes/)
- Edible Paint - [littlebinsforlittlehands.com/edible-paint/](https://littlebinsforlittlehands.com/edible-paint/)
- Edible Jell-O Slime - [onesavvymom.net/2018/07/jello-slime-edible-taste-safe-recipe.html](https://onesavvymom.net/2018/07/jello-slime-edible-taste-safe-recipe.html)

